

# Carer Support West Cumbria



## Volunteer Role Description: Young Carer Support

### Main Aim

- The main aim of the Young Carer Support Volunteer is to support Carer Support West Cumbria to deliver, fun, engaging and enriching activities for Young Carers aged 5 to 18.

### Purpose of the Role

- To assist the Young Carer Support Workers in the delivery of a range of engaging activities for Young Carers.
- Ensure the safety of Young Carers taking part in Carer Support West Cumbria organised activities.

### Responsibilities

- To support Carer Support West Cumbria with the organising and planning of trips and activities for Young Carers.
- To develop and promote a positive relationship with the Young Carer Support Worker and the children and young people attending the session.
- To support Young Carer Support Workers in supervising Young Carers on trips and activities
- To accompany Young Carers travelling via train/bus or taxi to and from trips and activities alongside Young Carer staff
- To establish and maintain appropriate boundaries.
- To notify the Young Carer Support Worker of any emerging problems and seek support whenever necessary.
- To safeguard the good name, values and mission of Carer Support West Cumbria.

### Personal Qualities

- Ability to use a computer
- Able to use various Microsoft applications including email, word and excel
- Good telephone manner
- Able to form positive, supportive relationships with others.
- Awareness of issues affecting young carers.
- Good listening and communication skills.
- Reliable, organised and a good timekeeper.
- Sensitive, patient, empathetic and cares about others.
- Respectful of confidentiality issues and able to maintain boundaries.
- Able to put your own needs and views to one side allowing you to focus on the needs of the service user.
- Able to work as part of a team and on own initiative, and know when to seek support.
- Be flexible and willing to attend the sessions during school holiday periods.

### Training and Support

- Required to attend an Induction and Training Programme prior to the start of volunteering.
- Role specific training.
- All volunteers need to complete level 1 safeguarding children online training on starting the role and then every 3 years.
- Ongoing support from the Young Carer Support Workers and Young Carer Project Manager.
- Ongoing support from the Volunteer Coordinator.

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- Regular individual meetings with the Volunteer Coordinator and/or Young Carer Project Manager for supervision as appropriate.
- Regular group meetings with other volunteers.
- Ongoing training opportunities.
- Social events with other volunteers.

#### About us

Carer Support West Cumbria offer a range of services to support those looking after someone on an unpaid basis.

A carer is anyone of any age who cares, unpaid, for a friend or family member who due to illness, disability, a mental health problem or an addiction could not manage without their support.

Visit our website [www.carersupportwestcumbria.co.uk](http://www.carersupportwestcumbria.co.uk) or find us on social media.